



Resources Tips and Discussion Starters

Some Resources and Helps

- The Kaiser Foundation
- The Pew Foundations Study
- Nielsen Co. Social Media Study
- www.thesource4parents.com
- www.cpyu.org
- www.youthministrymedia.ca
- www.homeword.com
- www.netsmartz.com
- www.cybertipline.com
- www.iparent.tv (June 1)
- Software: Net Nanny

Phone Tips

- Establish and discuss rules for when they are allowed to use their cell phone, what websites they can visit, and what apps they can download.
- Review cell phone records for any unknown numbers and late night phone calls and texts.
- Remind your children that anything they send from their phones can be easily forwarded and shared.
- Teach your child never to reveal cell phone numbers or passwords online.
- Talk to your child about the possible consequences of sending sexually explicit or provocative images or text messages.
- When shopping for a cell phone for your child, research the security settings that are available.

Discussion Starters

Conversations are the key

They may not be excited about this—so don't expect to get through all of these in one sitting!!

- What features do you use on your phone/tablet? Could you show me how to use them?
- Which social media sites are your favorites? Why do you like those? Can you show them to me?
- What do you most like about your phone/tablet?
- Have you ever gotten a text from someone you do not know? If so, what did you do about it?
- Everyone is talking about cyberbullying—do you see that happening to people you know?
- What are your favorite websites or apps? What do you like about them?
- How many numbers do you have stored in your phone? Do you know them all in person?
- Has anyone ever taken an embarrassing picture of you without your permission?
- Have you ever taken an embarrassing picture of someone else? What did you do with it?
- Have you ever talked with someone you first met online?
- What would you do if someone sent you a text or picture that was inappropriate?
- What do you think are some fair rules to help you not get too caught up with technology?
- Do you see you or your friends having any struggles with social media and your photo

- (“Resources, Tips, Discussion Starters” provided by materials distributed by Tiger McLeun/Youth Leadership)